

Office of the Director of
Higher Secondary Education,
Housing Board Buildings,
Santhi Nagar, Thiruvananthapuram
Dated:04/06/2019

CG&AC/2608/2019/DHSE

CIRCULAR

Sub: HSE –CG& AC –Assessment of Non- Communicable disease Risk factors among Higher Secondary School Children in Thiruvananthapuram District-CDC Project-Nodal School selected-reg

Ref: Letter No. 344/s4/2019 dated 24/05/2019

As part of the Adolescent Care Project of Child Development Centre a study on “Non communicable disease Risk Factors among Higher Secondary School Children in Thiruvananthapuram District has been scheduled.

The Project is designed for conducting study among 1700 plus one students in Higher Secondary School in Thiruvananthapuram. As part of that a half day intervention classes will be organized twice in all selected Schools by trained public health experts including Doctors on healthy dietary habits, importance of physical activity and risk of tobacco use will be explained the sessions. The School teachers will also be encouraged to get actively involved in the intervention and will act as advocates for risk factor reduction. Information booklets , pamphlets describing NCD risk factors will also be prepared and distributed to all children .The post intervention assessment of the Children will be conducted after 6 months.

The following Schools are selected the conduct of the study.

Thiruvananthapuram Educational District

SL NO.	SCHOOL CODE	NAME OF SCHOOL
1	1023	GOVT MODEL BOYS HSS THYCAUD
2	1006	GOVT GIRLS HSS MANACAUD
3	1010	GOVT HSS NEDUVELI
4	1164	SAM GOVT. MODEL RESIDENTIAL SPORTS HSS, VELLAYANI
5	1076	MUSLIM GIRLS HSS KANIYAPURAM

Neyyattinkara Educational District

SL NO.	SCHOOL CODE	NAME OF SCHOOL
1	1011	GGHSS NEYYATTINKARARA
2	1026	GBHSS NEYYATTINKARA
3	1135	GVHSS PARASSALA
4	1077	MC HSS KOTTUKALKONAM
5	1061	MVHSS ARUMANOOR

Attingal Educational District

SL NO.	SCHOOL CODE	NAME OF SCHOOL
1	1005	GHSS KILIMANOOR
2	1001	GMBHSS ATTINGAL
3	1052	RRV HSS FOR GIRLS KILIMANOOR
4	1028	GOVT. MHSS VARCKALA
5	1009	GGHSS NEDUMANGAD

The Principals of the Schools shall take the necessary steps to co- ordinate the same.

**Sd/-
Joint Director (Academic)**

To

1. RDD
2. The Principal