

1	Nutrition or Awareness Campaigns	a) 10 Hours regular programme activities for Nutritional awareness issues.								
		Total								

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Sl. No	Themes	Name of the Activities/Programme of Carried Out	No. of Schools Participated	No. of adopted Villages	Total No. of Units	No. of Activities/ Programme	No. of NSS Volunteers Participated in Activities/Programme			Remarks
							Male	Female	Total	
2	Obesity & Eating Disorders	a) Awareness lectures by nutritional experts on obesity for the adolescent boys and girls.								
		b) Importance of physical activities to keep them fit.								
		c) Discussion on skipping breakfast, untimely eating.								
		d) Group Discussion								
		Total								

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Sl. No	Themes	Name of the Activities/Programme of Carried Out	No. of Schools Participated	No. of adopted Villages	Total No. of Units	No. of Activities/ Programme	No. of NSS Volunteers Participated in Activities/Programme			Remarks
							Male	Female	Total	
3	Impact of fast food and packaged food items & Promotion of Organic Diet	a) Group Discussion								
		b) Poster making and display.								
		c) Classroom Lectures								
		d) Awareness rally in the community								
		Total								

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